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IOT BASED AUTOMATED PARALYSIS PATIENT HEATHCARE SYSTEM

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Abstract—We come across hospitals and NGO's serving disabled people. Now these people are not capable of full body movement as compared to a normal person. In such a situation we propose a system that helps disabled person display a message by just simple motion of any part of his body. Our proposed system works by reading the tilt direction of the user part. This device needs to be mounted on user finger of hand. The user now just needs to tilt the device in a particular angle to convey a message. Tilting the device in different directions conveys a different message.

I.Introductioni

Paralysis is the inability to move muscles on your own and with purpose. It can be temporary or permanent. The most common causes are stroke, spinal cord injury, and multiple sclerosis. Paralysis can be a complete loss of movement known as plegia, or a significant weakness called paresis. Paralysis is most often caused by damage in the nervous system, especially the spinal cord. Other major causes are stroke, trauma with nerve injury, poliomyelitis, cerebral palsy, peripheral neuropathy, Parkinson's disease, ALS, botulism, spina bifida, multiple sclerosis, and Guillain—Barré syndrome. For example, monoplegia/monoparesis is complete loss of movement or weakness of one limb. Hemiplegia/hemiparesis is complete loss of movement or weakness of arm and leg on same side of the body. Paraplegia/paraparesis is complete loss or weakening of both legs.

Tetraplegia/tetraparesisor quadraplegia/quadraparesis is complete loss or weakness of both arms and both legs. Paralysis is caused by injury or disease affecting the central nervous system (brain and spinal cord) which means that the nerve signals sent to the muscles is interrupted. Paralysis can also cause a number of associated secondary conditions, such as urinary incontinence and bowel incontinence.

Even though, there are innovative approaches for curing or treating paralysis patients, but the aim of treatment is to help a person adapt to life with paralysis by making them as independent as possible. Where we see a problem with these types of devices that are being developed is that they are very large and expensive machines. They seem to be only available in hospitals and not able to be used at the patients home or at their convenience. Our goal is to make a device that will be able to retrain a patient's motion but have them be able to use

the device themselves and have it be cheap enough for them to afford without much debt.

II. RELATED WORK

Nowadays, telemedicine represents a very important research avenue. Significant effort has been deployed in assisting the patients in their everyday life through telehealth and telemedicine systems. In 1. The author describes a wireless patient monitoring system that could allow patients to be mobile in their environment. The developed system includes a pulse oximeter to measure blood oxygen concentration and the patient's pulse, as well as a temperature sensor to keep track of the patient's temperature. The proof of concept was successful, and allowed for multiple patients at the same time on the same network the ability to add many more patients.(2)data transmission within the system and network related issues and (3) system integration in existing communication networks in the Internet-of-Things (IoT) pardigm.

An early system that uses a cell phone application for remote monitoring that uses a GPS, an accelerometer and a light sensor is described in [2]. The prototype in [3] allows physicians to remotely asses the patients health in and outdoors. Alongside sensors that acquire the data from the patient, their prototype also includes an alert system for emergency cases.

In [4]the authors propose a monitoring system based on Embedded Network Gateway Servers (ENGS). These devices can serve the acquired data via an embedded web server and have modular design in order to be interfaced to a variety of sensors. The authors of [5]detail the specific challenges posed by the design of wearable patient monitoring devices. They address in detail power consumption, data acquisition and filtering issues.

III. SYSTEMDESIGNANDIMPLEMENTATION

To overcome all the above drawbacks and meet the requirements of the system, we propose a system which mainly consists of a transmitter and a receiver section. In the transmitter section (at the patient side), a two axis accelerometer will be placed on the finger of the patient. This accelerometer is capable of measuring the static acceleration due to gravity and thus finding the angle at which the device is tilted with respect to the earth. Whenever patient needs any help he tilts the accelerometer in different directions. This acts as an

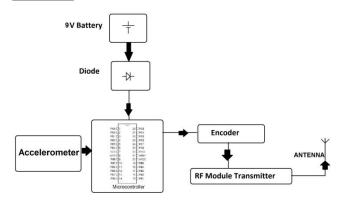
input to the accelerometer while output of it is in volts that is connected to the controller board which acts as the processing unit. The output of the accelerometer depends on the tilt angles and is read by the controller. The controller maps the input voltages between 0 and 5 volts into integer values between 0 and 1023 as analog data from the range of 0-1023. This range provides a lot of sensitivity and a slight shift can lead to change in value. To reduce the complexity and provide a simple way for the patients, we reduced its sensitivity by mapping it to 0-5 volts and then provided a range for front, back, forward and backward. These directions can be easily understood and used by any person using his/her thumb or any part of the body capable of moving in these directions. A predefined message catering to the basic needs of the patients and those required for emergency will be stored in the ranges assigned to a particular direction as mentioned above. For example: food/water is the message displayed when the patient moves his finger to the right. So on tilting the accelerometer to the right, it will send its value to the controller. If this value lies between the range assigned to the right direction the predefined message that is food/water in this case will be sent to the next module that is the RF transmitter module. The RF transmitter becomes active

a message is sent from the controller for transmission. RF transmitter and receiver works on the frequency of 434 MHz. The accelerometer will be connected to each patient and each patient will have a controller board and transmitter for sending his messages.

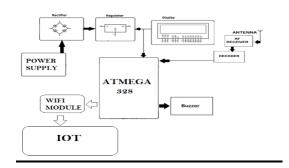
For identification of different patients their name or number is sent to the nurse. All these transmitters can be connected centrally to one RF receiver which works on the same frequency as the transmitter. Thus the proposed system will provide a many to one communication.[1] At the receiver side, RF receiver will receive the message and send it to the controller board on the receiver side which will then display the message on the LCD. On reception of the message, nurse will remotely take the required action to cater to the needs of the message. In case of emergency the patient has to just press a push button which will signal the processing board to send an emergency alarm to the receiver. The receiver will then signal the controller to activate the buzzer. This will help the nurse to take care of the emergency as soon as possible. Taking medication at the right time is a serious business, the Medicine Reminder is another feature of this device to prompt the nurse the time to give patients their medicines. The Medicine Reminder is intended to be used by the nurse or caretaker so that a mistake is never made in giving the medicines. The medicine reminder is implemented using a real time clock.[4] Usually for real time DS1307 Real time clock chip along with a battery is used, but this increases the requirement of hardware used and makes the device bulky. So we propose a system in which the time table of all the patients will be stored in the database and the nurse will be reminded automatically when it's time to attend any patient according to the time table. This will be implemented by programming the controller board. On interfacing the LCD with the controller and feeding the code in the software, the real time clock runs the time on the display.

.Hardware description

Transmitter



Receiver



IOT

Many people mistakenly think of IoT as an independent technology. Interestingly internet of things is being enabled by the presence of other independent technologies which make fundamental components of IoT. The fundamental components that make internet of things a reality are:

Hardware-Making physical objects responsive and giving them capability to retrieve data and respond to instructions **Software**-Enabling the data collection, storage, processing, manipulating and instructing

Communication Infrastructure-Most important of all is the communication infrastructure which consists of protocols and technologies which enable two physical objects to exchange data

RF transmitter

This wireless data is the easiest to use, lowest cost RF link we have ever seen! Use these components to transmit position data, temperature data, and even current program register values wirelessly to the receiver. These modules have up to 500 ft range in open space. The transmitter operates from 2-12V. The higher the Voltage, the greater the range .We have used these modules extensively and have been very impressed with their ease of use and direct interface to an MCU. The theory of operation is very simple. What the transmitter 'sees' on its data pin is what the receiver outputs on its data pin. If you can configure the UART module on a uC, you have an instant wireless data connection. The typical range is 500ft for open area.

This is an ASK transmitter module with an output of up to 8mW depending on power supply voltage. The transmitter is based on SAW resonator and accepts digital inputs, can operate from 2 to 12 Volts-DC, and makes building RF enabled products very easy.

Features:

- 434 MHz or 315 MHz Transmitter Operation
- 500 Ft. Range Dependent on Transmitter Power Supply
- 2400 or 4800bps transfer rate
- Low cost
- Extremely small and light weight

This receiver type is good for data rates up to 4800bps and will only work with the 434MHz o 315 MHz transmitter. Multiple 434MHz or 315MHz receivers can listen to one 434MHz transmitter or 315 MHz transmitter. This wireless data is the easiest to use, lowest cost RF link we have ever seen! Use these components to transmit position data, temperature data, and even current program register values wirelessly to the receiver. These modules have up to 500 ft range in open space. The receiver is operated at 5V. We have used these modules extensively and have been very impressed with their ease of use and direct interface to an MCU. The theory of operation is very simple. What the transmitter 'sees' on its data pin is what the receiver outputs on its data pin. If you can configure the UART module on a uC, you have an instant wireless data connection. Data rates are limited to 4800bps. The typical range is 500ft for open area. This receiver has a sensitivity of 3uV. It operates from 4.5 to 5.5 volts-DC and has digital output. The typical sensitivity is -103dbm and the typical current consumption is 3.5mA for 5V operation voltage.

Features:

- 434 MHz or 315 MHz Operation
- 500 Ft. Range Dependent on Transmitter Power Supply
- 4800 bps transfer rate
- Low cost

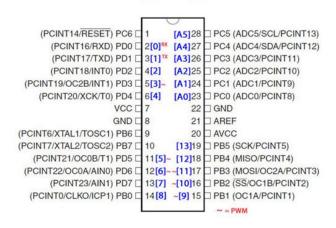


RF receiver



ATMEGA 328

The Atmel ATmega328P is a 32K 8-bit microcontroller based on the AVR architecture. Many instructions are executed in a single clock cycle providing a throughput of almost 20 MIPS at 20MHz. The ATMEGA328-PU comes in an PDIP 28 pin package and is suitable for use on our 28 pin AVR Development Board



WIFI MODEM

The ESP8266 WiFi Module is a self contained SOC with integrated TCP/IP protocol stack that can give any microcontroller access to your WiFi network. The ESP8266 is capable of either hosting an application or offloading all Wi-Fi networking functions from another application processor. Each ESP8266 module comes pre-programmed with an AT command set firmware. The ESP8266 module is an extremely cost effective board with a huge, and ever growing, community.

IV. PICTURE OF HARDWARE IMPLEMENTATION





V. CONCLUSION

By taking a overall survey, it can be found that there are many problems existing for the paralyzed people suchs as paralysis in their leg, hand, vocal tract and also in other body parts. There are systems existing for theircomforts individually. But, this system will help to monitor the needs of paralytic patients when needed.

This system helps pateint overcome barriers to convey their needs without putting efforts. Moreover this can be modified to be used for several purposes where persons mobility is affected.

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